

# TEAM BUILDING INGREDIENTS

- Create a sense of importance and belonging for the team
- Learn and adjust your dominant leadership style
- Learn to listen and communicate effectively
- Share information and resources
- Learn to delegate while supporting others personal growth
- Share responsibility and authority
- Allow everyone's ideas to be heard
- Stick to the issue and not the emotion
- Jointly set goals and expectations
- Develop multiple two-way communication links
- Believe that everyone has something to bring to the table
- Model and practice the Communication Pledge:

**Tell me**

**Tell me first**

**Tell me in language I understand**

**Tell me as soon as it is a concern**

**Tell me privately**

**Give me time to think before we conclude**